



1. Best Hospital Care Initiative

This category is open to all disciplines working in a hospital care environment. This includes staff working in acute general hospitals and accident and emergency departments, community hospitals and specialist dementia care units in mental health hospitals.

The judging panel will be looking for innovative initiatives that provide exceptional support to people with dementia when they are in need of hospital care and treatment.

These initiatives might aim to:

- enhance recognition of dementia
- reduce stress and distress
- evidence highly skilled interventions by staff
- demonstrate close partnership working with people living with dementia and their families
- provide a positive, personalised and enabling type of support
- enable speedier, supported discharge
- provide alternative solutions to hospitalisation

All entries **must** be able to demonstrate specific benefit to people with dementia. The judging panel will be looking for entries which demonstrate many of these highly valued aspects:

- Involving people with dementia, their carers, partners and families in key decision-making and activities, as well as making sure they remain included in their local communities
- Enabling people with dementia to stay empowered by continuing to use their own skills and maintain independence for as long as possible
- Maintaining the dignity, equality and respect of people with dementia, their carers, partners and families, as outlined in the Standards of Care for Dementia in Scotland and the Charter of Rights for people with dementia and their carers
- Connecting people with dementia, their carers, partners and families to information, advice, services, care, activities and peer support
- Ensuring a personalised approach by recognising and working according to the needs and wishes of people with dementia, their carers, partners and families
- Promoting the understanding of dementia, increasing knowledge about the illness and increasing empathy with people affected by it
- Working in partnership with other groups in the public, voluntary or independent sector to provide care, support or an activity which contributes to positive outcomes.

A suggested structure has been outlined below, to aid the writing of your submission:

- Brief introduction to your initiative (please remember the judges may not know about your initiative so write as clearly and concisely as possible about your project)
- Describe how this reflects the commitments of the third National Dementia Strategy for Scotland
- Describe what prompted the initiative, what was done, who was involved, any challenges that had to be overcome and how they were overcome
- What worked well and the benefits of having the initiative in place
- How this reflects the content and aspirations of Promoting Excellence and the Standards of Care for Dementia in Scotland, and promotes equality and respects diversity
- Provide evidence of evaluation; how you know it is making a difference to the quality of life for people with dementia, their families and carers
- Describe if and how your initiative will be sustained.



2. Best Care Home Practice Improvement

This category is open to all staff and services who support people with dementia in a care home setting. The judging panel will be looking for a service which shines, where even small changes or developments in dementia practice enhances peoples' care and support and makes a real difference. Has the service been holistic or has it introduced a new approach which improves enablement, empowerment and citizenship for people living with dementia?

The judging panel welcome innovative developments or practice improvements – whether large or small scale. Entries might describe a truly special service that enhances the experience of people at any point on their journey with dementia, including people experiencing the complex difficulties that later stages of the illness and end of life can bring for individuals, their partners, families and carers.

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- Involving people with dementia, their carers, partners and families in key decision-making and activities, as well as making sure they remain included in their local communities
- Promoting equality, valuing diversity and improving support for under-represented groups
- Enabling people with dementia to stay empowered by continuing to use their own skills and maintain independence for as long as possible
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- Describe if and how your initiative will be sustained.



3. Best Community Support Initiative

This category is open to all staff and organisations, including community teams, care at home and day care, who are supporting people living with dementia in their own home.

The judging panel will be looking for the sort of innovative initiatives that help people with dementia and their families stay in control of their own situation and challenge stereotypical attitudes towards dementia. These might relate to:

- assisting people to keep well, engaged and active
- realising personalised ambitions or dreams
- connecting people and families
- channeling interests in a new and creative way; they may illustrate how major challenges can be overcome
- involves people with dementia in creative pursuits which demonstrates and illustrates their strengths and potential

Entries might relate to any point in the experience of dementia; from the provision of a diagnosis, living well with increasing support or an initiative that supports someone to remain at home even when experiencing complex changes or the end of life.

All entries **must** be able to demonstrate specific benefit to people with dementia. The judging panel will be looking for entries which demonstrate many of these highly valued aspects:

- Involving people with dementia, their carers, partners and families in key decision-making and activities, as well as making sure they remain included in their local communities
- Promoting equality, valuing diversity and improving support for under-represented groups
- Enabling people with dementia to stay empowered by continuing to use their own skills and maintain independence for as long as possible
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- Connecting people with dementia, their carers, partners and families to information, advice, services, care, activities and peer support

- Ensuring a personalised approach by recognising and working according to the needs and wishes of people with dementia, their carers, partners and families
- Promoting the understanding of dementia, increasing knowledge about the illness and increasing empathy with people affected by it
- Working in partnership with other groups in the public, voluntary or independent sector to provide care, support or an activity which contributes to positive outcomes.

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- Provide evidence of evaluation; how you know it is making a difference to the quality of life for people with dementia, their families and carers
- Describe if and how your initiative will be sustained.



4. Best Dementia Friendly Community Initiative

This category of award seeks to acknowledge, and is open to, local community initiatives; perhaps a good neighbour scheme, volunteer project or developments in local stores and amenities.

The judging panel will be looking for innovative initiatives which help to support people with dementia not only to continue to live well within their own community but also remain valued, connected and involved members of that community.

- Realising a truly dementia-friendly community could mean:
 - addressing stigma and discrimination
 - promoting equality, valuing diversity and improving support for under-represented groups
 - removing or adapting environmental barriers
 - overcoming lack of awareness
 - providing practical help
 - developing enabling ideas or networks
 - involves people with dementia in creative pursuits which demonstrates and illustrates their strengths and potential
 - creating a more inclusive community or making community services more accessible to people with dementia.

All entries **must** be able to demonstrate specific benefit to people with dementia. The judging panel will be looking for entries which demonstrate many of these highly valued aspects:

- Involving people with dementia, their carers, partners and families in key decision-making and activities, as well as making sure they remain included in their local communities

- Promoting equality, valuing diversity and improving support for under-represented groups
- Enabling people with dementia to stay empowered by continuing to use their own skills and maintain independence for as long as possible
- Maintaining the dignity, equality and respect of people with dementia, their carers, partners and families, as outlined in the Standards of Care for Dementia in Scotland and the Charter of Rights for people with dementia and their carers
- Connecting people with dementia, their carers, partners and families to information, advice, services, care, activities and peer support
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- What worked well and the benefits of having the initiative in place
- How this reflects the content and aspirations of Promoting Excellence and the Standards of Care for Dementia in Scotland, and promotes equality and respects diversity
- Provide evidence of evaluation; how you know it is making a difference to the quality of life for people with dementia, their families and carers
- Describe if and how your initiative will be sustained.



5. Best Educational Initiative

This category is open to health and social care staff from all sectors, schools, higher education institutions, colleges, training organisations and companies, local communities and projects.

The judging panel will be looking for innovative educational and learning initiatives which help develop knowledge, skills, attitudes and behaviours that help to change thinking about dementia and the potential of people with dementia.

Entries could relate to initiatives which:

- improve practice by enhancing knowledge and skills in keeping with the Promoting Excellence Framework
- enhance quality of life
- make services and supports more accessible to people with dementia and families and carers
- prepare staff to work differently, in a more personalised way
- bring people together to learn in an innovative way using innovative learning methodologies

The educational initiative may be directed at any group including, health and social services staff, people with dementia, families and communities. All entries must be able to demonstrate specific benefit to people with dementia and families/carers.

The judging panel will be looking for entries which demonstrate many of these highly valued aspects:

- The meaningful involvement of people with dementia, their carers, partners and families in designing and delivering the educational initiative
- How the initiative promotes equality, values diversity and improves support for to under-represented groups
- How the initiative contributes to enabling people with dementia to stay empowered by continuing to use their own skills and maintain independence for as long as possible
- How the initiative contributes to maintaining the dignity, equality and respect of people with dementia, their carers, partners and families, as outlined in the Standards of Care for Dementia in Scotland and the Charter of Rights for people with dementia and their carers
- How the initiative contributes to ensuring a personalised approach by recognising and working according to the needs and wishes of people with dementia, their carers, partners and families
- How the initiative contributes to promoting the understanding of dementia, and increasing knowledge and skills
- Working in partnership with other groups

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- Provide evidence of evaluation; how you know it is making a difference to the quality of life for people with dementia, their families and carers
- Describe if and how your initiative will be sustained.



6. Most Innovative Partnership

This category is open to all partnerships between agencies, sectors, disciplines, teams and groups.

The judging panel will be looking for new partnerships or partners working in a different way for the specific purpose of contributing to more positive experiences and outcomes for people with dementia, their families and communities.

Entries for this category might reflect work:

- developed between organisations, agencies, disciplines or teams who have not worked together before

- have changed the structure or design of their service through partnerships to make them more accessible and/or appropriate to people with dementia
- demonstrated exceptional partnership working with people with dementia and their families and communities to realise more personalised outcomes.

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- Describe if and how your initiative will be sustained.

In partnership with

